

February 2010

- College
- City Rec
- Jr. High Wrestling
- Wrestling HS
- Club
- calendar

January 2010							February 2010							March 2010						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2		1	2	3	4	5	6							
3	4	5	6	7	8	9	7	8	9	10	11	12	13	7	8	9	10	11	12	13
10	11	12	13	14	15	16	14	15	16	17	18	19	20	14	15	16	17	18	19	20
17	18	19	20	21	22	23	21	22	23	24	25	26	27	21	22	23	24	25	26	27
24	25	26	27	28	29	30	28							28	29	30	31			
31																				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 <ul style="list-style-type: none"> ■ 2:50 PM Practice ■ 4:30 PM K-5th practice 	1 <ul style="list-style-type: none"> ■ 2:50 PM Practice ■ 5:30 PM Fly Bantam Intermediate practice 	2 <ul style="list-style-type: none"> ■ 2:50 PM Practice ■ 4:30 PM K-5th Practice 	3 <ul style="list-style-type: none"> ■ 2:50 PM Practice ■ 5:30 PM Fly Bantam Intermediate practice 	4 <ul style="list-style-type: none"> ■ 2:50 PM Practice ■ 5:30 PM Fly Bantam Intermediate practice 	5 <ul style="list-style-type: none"> ■ 11:15 AM South Sectional ■ 5:00 PM Americal Fork Kids state ■ 7:00 PM UVU vs Boise State @ UVU 	6 <ul style="list-style-type: none"> ■ 8:45 AM South Sectional @ Uintah ■ 9:15 AM American Fork kids state. ■ 7:00 PM UVU vs Iowa @ Uintah
7 <ul style="list-style-type: none"> ■ 2:50 PM Practice ■ 8:00 PM Possible mat pick-up 	8 <ul style="list-style-type: none"> ■ 10:45 AM Have mats sent off by this date. MH rented out. ■ 2:50 PM Practice 	9 <ul style="list-style-type: none"> ■ 12:30 PM Weigh in ■ 2:30 PM High School State Round 1 ■ 6:00 PM Quarter-finals 	10 <ul style="list-style-type: none"> ■ 2:00 PM Day 2 weigh in ■ 4:00 PM Consolation round 2 ■ 5:30 PM Champions semis / consolation quarters ■ 7:30 PM Consolation semis 	11 <ul style="list-style-type: none"> ■ 1:00 PM UAWF South Suite ■ 1:45 PM weigh in day 3 ■ 3:45 PM Consolation finals ■ 6:30 PM Finals ■ 7:00 PM UVU vs S Dak St 	12	13
14	15 <ul style="list-style-type: none"> ■ 6:00 PM JH/MS Banquet. 	16 <ul style="list-style-type: none"> ■ 6:30 PM USA board meeting 	17 <ul style="list-style-type: none"> ■ 5:00 PM Champion's Practice 	18	19	20
21 <ul style="list-style-type: none"> ■ 6:00 PM Elite practice 	22 <ul style="list-style-type: none"> ■ 4:00 PM Champion's Practice ■ 6:00 PM Elite practice ■ 7:00 PM Meet with Michelle 	23 <ul style="list-style-type: none"> ■ 5:00 PM Champion's Practice ■ 6:00 PM Elite practice 	24 <ul style="list-style-type: none"> ■ 5:00 PM Wrestle Till you Drop, Salem Hills. ■ 6:00 PM Elite practice ■ 6:00 PM Champions Practice 	25 <ul style="list-style-type: none"> ■ 8:15 AM Craig all day at Wasatch. ■ 9:00 AM USA Wrestling Middle School Champions Disney World Florida ■ 5:00 PM Wasatch Greco 	26 <ul style="list-style-type: none"> ■ 9:00 AM Wasatch Free and Folk ■ 9:45 AM USA Wrestling MS Nationals Disney 	27
28 <ul style="list-style-type: none"> ■ 6:00 PM Elite practice 	1 <ul style="list-style-type: none"> ■ 4:00 PM Champion's Practice ■ 6:00 PM Elite practice 	2 <ul style="list-style-type: none"> ■ 5:00 PM Champion's Practice ■ 6:00 PM Elite practice 	3 <ul style="list-style-type: none"> ■ 6:00 PM Champions Practice ■ 6:00 PM Elite practice 	4 <ul style="list-style-type: none"> ■ 5:00 PM greco @ Box Elder 	5 <ul style="list-style-type: none"> ■ 8:00 AM Freestyle & Folkstyle @ Box Elder 	6

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1	2	3	4	5	6		1	2	3	4	5	6		1	2	3				
7	8	9	10	11	12	13	7	8	9	10	11	12	13	4	5	6	7	8	9	10
14	15	16	17	18	19	20	14	15	16	17	18	19	20	11	12	13	14	15	16	17
21	22	23	24	25	26	27	21	22	23	24	25	26	27	18	19	20	21	22	23	24
28							28	29	30	31				25	26	27	28	29	30	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 6:00 PM Elite practice	1 6:00 PM Elite practice	2 4:00 PM Champion's Practice 6:00 PM Elite practice	3 5:00 PM Champion's Practice 6:00 PM Elite practice	4 6:00 PM Champions Practice 6:00 PM Elite practice	5 5:00 PM greco @ Box Elder	6 8:00 AM Freestyle & Folkstyle @ Box Elder
7 6:00 PM Elite practice	8 4:00 PM Champion's Practice 6:00 PM Elite practice	9 5:00 PM Champion's Practice 6:00 PM Elite practice	10 6:00 PM Champions Practice 6:00 PM Elite practice	11 5:00 PM Greco @ Pleasant Grove	12 8:30 AM Free & Folk @ PG	13
14 6:00 PM Elite practice	15 4:00 PM Champion's Practice 6:00 PM Elite practice	16 5:00 PM Champion's Practice 6:00 PM Elite practice	17 1:00 PM NCAA Championships 6:00 PM Champions Practice 6:00 PM Elite practice	18 1:00 PM NCAA championships 5:00 PM Greco @ North Summit	19 8:00 AM Free/Folk @ NSHS 6:00 PM NCAA finals	20
21 6:00 PM Elite practice	22 3:45 PM Fly out to VA BEACH 4:00 PM Champion's Practice 6:00 PM Elite practice	23 8:00 AM Va Beach F.S.J Nationals check in and compete 2:00 PM VA Beach MS/JH check in 5:00 PM Champion's Practice 6:00 PM Elite practice	24 8:15 AM Va beach Nationals 6:00 PM Champions Practice 6:00 PM Elite practice	25 8:15 AM va beach tourney 5:00 PM Greco @ West Lake	26 8:15 AM Free/Folk @ West Lake 3:15 PM Fly home from Va Beach	27
28 6:00 PM Elite practice	29 4:00 PM Champion's Practice 6:00 PM Elite practice	30 5:00 PM Champion's Practice 6:00 PM Elite practice	31 10:30 AM Folkstyle Nationals Cedar Falls Iowa 6:00 PM Champions Practice 6:00 PM Elite practice	1 11:15 AM Folkstyle Nationals Cedar Falls Iowa 5:00 PM Greco state @ Brighton	2 8:00 AM Free/Folk @ Brighton HS 10:15 AM Folkstyle Nationals Cedar Falls Iowa	3

April 2010

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S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6					1	2	3								1
7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8
14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15
21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22
28	29	30	31				25	26	27	28	29	30		23	24	25	26	27	28	29
														30	31					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 6:00 PM Elite practice	29 4:00 PM Champion's Practice 6:00 PM Elite practice	30 5:00 PM Champion's Practice 6:00 PM Elite practice	31 10:30 AM Folkstyle Nationals Cedar Falls Iowa 6:00 PM Champions Practice 6:00 PM Elite practice	1 11:15 AM Folkstyle Nationals Cedar Falls Iowa 5:00 PM Greco state @ Brighton	2 8:00 AM Free/Folk @ Brighton HS 10:15 AM Folkstyle Nationals Cedar Falls Iowa	3
4 11:15 AM Asics Folkstyle Nationals Cedar Falls Iowa	5 6:00 PM Elite practice	6 4:00 PM Champion's Practice 6:00 PM Elite practice	7 5:00 PM Champion's Practice 6:00 PM Elite practice	8 10:00 AM Reno Worlds 10:00 AM Fila Cadet/University Nationals Akron OH 6:00 PM Elite practice 6:00 PM Champions Practice	9 10:00 AM Fila Cadet/University Nationals Akron OH 10:00 PM Greco	10 10:00 AM Fila Cadet/University Nationals Akron OH 10:00 PM Folk
11 10:00 AM Fila Cadet/University Nationals Akron OH	12 6:00 PM Elite practice	13 4:00 PM Champion's Practice 5:00 PM National Fargo qualifier @ Pleasant Grove 6:00 PM Elite practice	14 5:00 PM Champion's Practice 6:00 PM Elite practice	15 5:00 PM State Weigh ins. 6:00 PM Elite practice 6:00 PM Champions Practice	16 4:00 PM State Tournament FolkStyle @ Viewmont	17 9:00 AM State tournament Freestyle at Viewmont
18 6:00 PM Elite practice	19 10:00 AM Fila Jr. Nationals 4:00 PM Champion's Practice 6:00 PM Elite practice	20 9:15 AM Senior National 10:00 AM Fila Jr. Nationals 5:00 PM Champion's Practice 6:00 PM Elite practice	21 9:15 AM Senior National 10:00 AM Fila Jr. Nationals 6:00 PM Elite practice 6:00 PM Champions Practice	22 9:15 AM Senior National 10:00 AM Fila Jr. Nationals	23 9:15 AM Senior National 10:00 AM Fila Jr. Nationals	24 9:15 AM Senior National 10:00 AM Fila Jr. Nationals 1:00 PM Path to Gold dinner for Tim-pview
25 10:00 AM Fila Jr. Nationals	26 6:00 PM Elite practice	27 4:00 PM Champion's Practice 6:00 PM Elite practice	28 5:00 PM Champion's Practice 6:00 PM Elite practice	29 6:00 PM Elite practice	30	1

May 2010

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S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3						1							1	
4	5	6	7	8	9	10	2	3	4	5	6	7	8	6	7	8	9	10	11	12
11	12	13	14	15	16	17	9	10	11	12	13	14	15	13	14	15	16	17	18	19
18	19	20	21	22	23	24	16	17	18	19	20	21	22	20	21	22	23	24	25	26
25	26	27	28	29	30	23	24	25	26	27	28	29	27	28	29	30				
							30	31												

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 10:00 AM Fila Jr. Nationals	26 6:00 PM Elite practice	27 4:00 PM Champion's Practice 6:00 PM Elite practice	28 5:00 PM Champion's Practice 6:00 PM Elite practice	29 6:00 PM Elite practice	30	1
2	3 6:00 PM Elite practice	4 4:00 PM Champion's Practice 6:00 PM Elite practice	5 5:00 PM Champion's Practice 6:00 PM Elite practice	6 10:15 AM West Junior Regional/Veterans Nationals, SB & Grappling festival @ Wasatch Events Center- Heber 6:00 PM Elite practice	7 10:15 AM West Junior Regional/Veterans Nationals, SB & Grappling festival @ Wasatch Events Center- Heber	8 10:15 AM West Junior Regional/Veterans Nationals, SB & Grappling festival @ Wasatch Events Center- Heber
9	10 6:00 PM Elite practice	11 4:00 PM Champion's Practice 6:00 PM Elite practice	12 5:00 PM Champion's Practice 6:00 PM Elite practice	13 6:00 PM Elite practice	14	15
16	17 6:00 PM Elite practice	18 4:00 PM Champion's Practice 6:00 PM Elite practice	19 5:00 PM Champion's Practice 6:00 PM Elite practice	20 6:00 PM Elite practice	21	22
23	24 6:00 PM Elite practice	25 4:00 PM Champion's Practice 6:00 PM Elite practice	26 5:00 PM Champion's Practice 6:00 PM Elite practice	27 6:00 PM Elite practice	28	29
30	31 6:00 PM Elite practice	1 4:00 PM Champion's Practice 6:00 PM Elite practice	2 5:00 PM Champion's Practice 6:00 PM Elite practice	3 6:00 PM Elite practice	4	5

June 2010

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May 2010							June 2010							July 2010								
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S		
						1			1	2	3	4	5							1	2	3
2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	5	6	7	8	9	10		
9	10	11	12	13	14	15	13	14	15	16	17	18	19	11	12	13	14	15	16	17		
16	17	18	19	20	21	22	20	21	22	23	24	25	26	18	19	20	21	22	23	24		
23	24	25	26	27	28	29	27	28	29	30	25	26	27	28	29	30	31					
30	31																					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 6:00 PM Elite practice	31	1 4:00 PM Champion's Practice 6:00 PM Elite practice	2 5:00 PM Champion's Practice 6:00 PM Elite practice	3 6:00 PM Elite practice	4	5
6 9:00 AM St George Dual Meet Camp 6:00 PM Elite practice	7 9:00 AM St George Dual Meet Camp 9:45 AM SB Duals Indianapolis 4:00 PM Champion's Practice 6:00 PM Elite practice	8 9:00 AM St George Dual Meet Camp 9:45 AM SB Duals Indianapolis 5:00 PM Champion's Practice 6:00 PM Elite practice	9 9:00 AM St George Dual Meet Camp 9:45 AM SB Duals Indianapolis 6:00 PM Elite practice	10 9:00 AM St George Dual Meet Camp 9:45 AM SB Duals Indianapolis 6:00 PM Elite practice	11 9:00 AM St George Dual Meet Camp 9:45 AM SB Duals Indianapolis	12 9:00 AM St George Dual Meet Camp 9:45 AM SB Duals Indianapolis
13 10:00 AM West Region Kids/Cadet Camp @ UVU 6:00 PM Elite practice	14 9:00 AM Cadet National Duals, Rochester MN 10:00 AM West Region Kids/Cadet Camp @ UVU 4:00 PM Champion's Practice 6:00 PM Elite practice	15 9:00 AM Cadet National Duals, Rochester MN 10:00 AM West Region Kids/Cadet Camp @ UVU 5:00 PM Champion's Practice 6:00 PM Elite practice	16 9:00 AM Cadet National Duals, Rochester MN 10:00 AM West Region Kids/Cadet Camp @ UVU 5:00 PM Champion's Practice 6:00 PM Elite practice	17 9:00 AM Cadet National Duals, Rochester MN 10:00 AM West Region Kids/Cadet Camp @ UVU 6:00 PM Elite practice	18 9:00 AM Cadet National Duals, Rochester MN 10:00 AM West Region Kids/Cadet Camp @ UVU 11:00 AM Western Jr. Duals Pocatello	19 9:00 AM Cadet National Duals, Rochester MN 11:00 AM Western Jr. Duals Pocatello
20 9:15 AM West Regional Kids/Cadets, Pocatello	21 9:15 AM West Regional Kids/Cadets, Pocatello 6:00 PM Elite practice	22 9:15 AM West Regional Kids/Cadets, Pocatello 4:00 PM Champion's Practice 6:00 PM Elite practice	23 9:15 AM West Regional Kids/Cadets, Pocatello 5:00 PM Champion's Practice 6:00 PM Elite practice	24 8:30 AM Brands Camp Millard 9:15 AM West Regional Kids/Cadets, Pocatello 6:00 PM Elite practice	25 8:30 AM Brands Camp Millard 9:15 AM West Regional Kids/Cadets, Pocatello	26 8:30 AM Brands Camp Millard 9:15 AM West Regional Kids/Cadets, Pocatello
27 8:30 AM kids nationals Orem 6:00 PM Elite practice	28 8:30 AM kids nationals Orem 4:00 PM Champion's Practice 6:00 PM Elite practice	29 8:30 AM kids nationals Orem 5:00 PM Champion's Practice 6:00 PM Elite practice	30 8:30 AM kids nationals Orem 5:00 PM Champion's Practice 6:00 PM Elite practice	1 6:00 PM Elite practice	2	3

July 2010

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June 2010							July 2010							August 2010						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5				1	2	3			1	2	3	4	5	6	7
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28
27	28	29	30				25	26	27	28	29	30	31	29	30	31				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday							
27	<ul style="list-style-type: none"> 8:30 AM kids nationals Orem 6:00 PM Elite practice 	28	<ul style="list-style-type: none"> 8:30 AM kids nationals Orem 4:00 PM Champion's Practice 6:00 PM Elite practice 	29	<ul style="list-style-type: none"> 8:30 AM kids nationals Orem 5:00 PM Champion's Practice 6:00 PM Elite practice 	30	<ul style="list-style-type: none"> 6:00 PM Elite practice 	1	2	3			
4	<ul style="list-style-type: none"> 10:00 AM Wolverine Camp 6:00 PM Elite practice 	5	<ul style="list-style-type: none"> 10:00 AM Wolverine Camp 6:00 PM Elite practice 	6	<ul style="list-style-type: none"> 10:00 AM Wolverine Camp 5:00 PM Champion's Practice 6:00 PM Elite practice 	7	<ul style="list-style-type: none"> 10:00 AM Wolverine Camp 6:00 PM Elite practice 	8	<ul style="list-style-type: none"> 10:00 AM Wolverine Camp 10:00 AM Fargo Camp Cadet/JR 	9	<ul style="list-style-type: none"> 10:00 AM Fargo Camp Cadet/JR 	10	
<ul style="list-style-type: none"> 10:00 AM Fargo Camp Cadet/JR 	11	<ul style="list-style-type: none"> 10:00 AM Fargo Camp Cadet/JR 6:00 PM Elite practice 	12	<ul style="list-style-type: none"> 10:00 AM Fargo Camp Cadet/JR 6:00 PM Elite practice 	13	<ul style="list-style-type: none"> 10:00 AM Fargo Camp Cadet/JR 5:00 PM Champion's Practice 6:00 PM Elite practice 	14	<ul style="list-style-type: none"> 10:00 AM Fargo Camp Cadet/JR 6:00 PM Elite practice 	15	16	<ul style="list-style-type: none"> 8:30 AM Cadet/Jr Nationals Fargo 	17	
<ul style="list-style-type: none"> 8:30 AM Cadet/Jr Nationals Fargo 	18	<ul style="list-style-type: none"> 8:30 AM Cadet/Jr Nationals Fargo 	19	<ul style="list-style-type: none"> 8:30 AM Cadet/Jr Nationals Fargo 	20	<ul style="list-style-type: none"> 8:30 AM Cadet/Jr Nationals Fargo 	21	<ul style="list-style-type: none"> 8:30 AM Cadet/Jr Nationals Fargo 	22	<ul style="list-style-type: none"> 8:30 AM Cadet/Jr Nationals Fargo 	23	<ul style="list-style-type: none"> 8:30 AM Cadet/Jr Nationals Fargo 	24
25	26	27	28	29	30	31							