

Your Name: \_\_\_\_\_ Event Name: \_\_\_\_\_

Before you wrestle hand this form to a coach, parent, manager, or teammate to keep stats. Then after your match, fill out the rest of the form. Turn in this sheet at the end of each competition to the team managers or coach LaMont. Awards will be determined from these stats, so it is important that they are filled out with integrity. They should be filled out mat-side to count. They must be turned in at the competition or the following practice. You need to print and bring your own stat sheets to each competition in your wrestling bag. Please do not expect the coaches to hand one to you upon arrival.

Bout 1	Opponent Name:	Opponent Team:
Match Score	You:	Opponent:
Did you Pin him? YES - NO	Time:	Did you Tech Fall?: YES - NO
Number of take downs you earned:		
What did you do well?		
What did you learn?		
What can you do better?		

Bout 2	Opponent Name:	Opponent Team:
Match Score	You:	Opponent:
Did you Pin him? YES - NO	Time:	Did you Tech Fall?: YES - NO
Number of take downs you earned:		
What did you do well?		
What did you learn?		
What can you do better?		

Bout 3	Opponent Name:	Opponent Team:
Match Score	You:	Opponent:
Did you Pin him? YES - NO	Time:	Did you Tech Fall?: YES - NO
Number of take downs you earned:		
What did you do well?		
What did you learn?		
What can you do better?		

Bout 4	Opponent Name:	Opponent Team:
Match Score	You:	Opponent:
Did you Pin him? YES - NO	Time:	Did you Tech Fall?: YES - NO
Number of take downs you earned:		
What did you do well?		
What did you learn?		
What can you do better?		

Bout 5	Opponent Name:	Opponent Team:
Match Score	You:	Opponent:
Did you Pin him? YES - NO	Time:	Did you Tech Fall?: YES - NO
Number of take downs you earned:		
What did you do well?		
What did you learn?		
What can you do better?		