



# Darold Henry Dynasty

## Folkstyle Tournament



- Where:** Pleasant Grove High School (2 gyms & Wrestling room)  
200 south 700 east Pleasant Grove Utah 84062 (801)-785-8700 ext 147,
- When:** Saturday November 5
- Who:** K-9 grade
- Why:** Fun, improve your wrestling skills, wrestle 3 matches
- Styles:** Folkstyle
- Registration** **Pre-Registration Only:** [www.trackwrestling.com](http://www.trackwrestling.com) Pre-register before 8:00 pm MST on Thursday (11/3/11)
- Cost:** \$10                      \$15 for late same day registration
- Weigh-ins:** Each wrestler will weigh in at their own club using the honor system or your home scale, if someone challenges your weight you must be within two pounds or you will be disqualified.
- Format:** Madison Block 4-man round robin  
Wrestlers will be put into groups of 4 based upon their weight and division.  
Each group will be assigned a mat for the tournament and wrestle each other until the bracket is complete.  
We will also have staggered starts.
- Match Times:** Folkstyle: 1-1-1.  
10-minute rest time between matches will be honored if requested.
- Schedule:** **Saturday** Times subject to change to an earlier start time for session II if the first session finishes early.  
Session I                      8:30-11:00am                      Fly, Bantam, & Intermediate  
Session II                      11:00-                      Novice, Schoolboy, Cadet

**USA wrestling Sanctioned event**

### 2012 AGE DIVISIONS and WEIGHT CLASSES

AGE DIVISIONS	BIRTH DATES
Fly	Born 2006 & before
BANTAM	Born 2004-2005
INTERMEDIATE	Born 2002-2003
NOVICE	Born 2000-2001
SCHOOLBOY	Born 1998-1999
CADET	Born 1996-1997